

# IN DEFENSE OF FOOD

AN EATER'S MANIFESTO



MICHAEL POLLAN

AUTHOR OF  
THE OMNIVORE'S DILEMMA



**BOOK-TO-ACTION**

PUTTING WORDS INTO ACTION

Community Discussion of

## *In Defense of Food* by Michael Pollan

**Mon., June 20**

\* **Noon** @ Peet's Coffee & Tea  
(located at B Street & Mission)

**Tues., June 21**

\* **6:30 p.m.** @ Hayward Main Library  
835 "C" Street, Downtown Hayward